



# *Speaker Guidelines*

Mastering Motherhood seeks to provide love, support, encouragement and friendship to women seeking to follow the Lord in the adventure of mothering. Mastering Motherhood is an outreach ministry to ALL moms who would like to attend. There are no further requirements to be able to attend this ministry. Therefore, the below guidelines have been established for incoming speakers.

## **Please Do...**

- Your talk should incorporate and relate to the difficult and extremely important role of motherhood and/or womanhood.
- Be vulnerable, share a life experience that pertains to your subject matter, being transparent and vulnerable in your own role as a mama will help other mamas relate to you and not feel alone.
- Be organized with your thoughts on your ONE subject and keep it simple, it's only 15 minutes, do not try to fit too much, simple is better.
- Use a visual, an object or something catchy that the mamas will find easy to remember and take away with them physically or mentally.
- You must incorporate one scripture that relates to your subject matter in your talk—"For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart." Hebrews 4:12

## **Please Do Not...**

- Please do not make any derogatory comments about different denominations or not attending church; at most locations, most mamas who attend are not believers.

- The attending mamas come from all different demographics: some work, some are single mothers, others nanny children, are grandmothers, or stay at home. Please do not make any judgmental statements about any of these and/or other demographics from which the mamas might come.
- Do not assume all the mamas are christian and go to church, please do not use christian language that they may not relate to or understand.
- Please do not talk about your political views or sensitive subject matters that may divide and hinder another mama with different views from attending Mastering Motherhood.
- “Therefore let us not pass judgment on one another any longer, but rather decide never to put a stumbling block or hindrance in the way of a brother.” Romans 14:13

Please arrive at the specific location of your Mastering Motherhood talk at the advertised time the meeting begins. If you have children, you may check them in at the appropriate child care room. Help yourself to breakfast and coffee provided. The Mastering Motherhood director will find you and sit with you before you speak. The Mastering Motherhood director will then stand up and pray for the group, read your bio and introduce you. You have an allotted 15 minutes to speak. If it goes long, the director will stand up to signal you to wrap up your talk.

Please end your motherhood message with three application questions. Having 20 copies of prepared question(s) printed out for the tables to discuss when you are finished speaking works, or you can show your questions on the last slide of your media presentation.

At the end of your talk, you will be escorted back to the speaker table to be available for any mamas that would like to come talk with you. There will be about 10 more minutes of discussion on your talk at the tables before dismissal into the small book groups. If you do not regularly attend Mastering Motherhood, you are free to leave or to join in one of the small book group!